Focus Designation: Unlikely Applications
M. Kainoa Fialkowski 9/17/14
HAP focus for FSHN 185

FSHN 185 is an intro course (no prereqs) and meets the DB general education requirements

Adapted FSHN 185 content to better address Hawaii and Pacific diets

Incorporate a sense of place, provide cultural perspective

None of the existing textbooks incorporate Pacific foods

Former FSHN 185 students and stakeholders from across the Pacific commented that a relevant, “pacific-specific” nutrition course was desirable

This course also has impact with research program (CHL) and outreach/continuing ed

Why add HAP?

Increased student draw- meets 2 gen ed requirements

Exposes more students to CTAHR/HNFAS/FSHN

Provides new perspective on HAP (most students take HWST 107)

Current HAP offerings- ~158 offerings, mostly social science/humanities, other sciences/health: botany, geog, nursing.

Process

2/3 of course content must satisfy hallmarks of HAP

- Demonstrate cultural intersection with Hawaii/Asian-Pacific culture
  - Ex: translation of food names, articles from native perspective and subsequent discussion posts

- Encourage learning from the HAP perspective
  - Ex: provide examples of USDA Dietary Guidelines and the Pacific Dietary Guidelines, videos to demonstrate native voice

- One topic must address history, beliefs, arts, economy of region
  - Ex: cultural notions of health and wellness, readings that provide historical and cultural context

- Foster multicultural understanding
  - Student YouTube video project for students to share their traditional foods with one another
Electronic resource, developed in part through CHL research program, addresses local foods

Timeline- Fall 2012 stakeholder survey -> 2013 curriculum development, revision -> Fall 2014 HAP approved

Adding the focus designation after it was posted on the SOC was problematic.

Tips-
Start the process early, support is helpful (student assistants contributed)

Follow the feedback from HAP board, particularly because students are only required to take one “H” course. Allowed revisions and resubmission for this application.

Emphasis on the “Hawai’i” aspect of HAP

Resource: Native Voices- articles written by and from a Native Hawaiian/Pacific Islander perspective, indigenous (guest) instructors, field trips, videos, through National Library of Medicine

http://www.nlm.nih.gov/nativevoices/

Find other “H” focus courses related to your field to serve as resources: eg: NURS, BOT

Next steps-

APLU academic programs section innovative teaching awards

- Sept 2014-Aug 2015
- “Kupuna” video project
- Student led video/audio archive with food stories, practices, legends, songs
- Long term goal is to integrate videos with Pacific Food Guide

Obtain student feedback to continue to build and revise the course