| **Scientific Name** | **Common Name** | | **Elev (ft)** | **Soil** | | **Sun** | | **Bloom Period\*** | | | | | | | | | | | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **J** | | **F** | | **M** | | **A** | | **M** | **J** | **J** | **A** | | **S** | | **O** | | **N** | | **D** | | |
| **Forbs** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| *Argemone glauca* | Pua kala | | <6200 | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| *Bacopa monnieri* | Water hyssop | | <300 | Moist | | Full-partial | |  | | | | | | | | | | | | | | | | | | | | | |
| ***Heliotropium anomalum*** | Polynesian heliotrope | | Coastal | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| *Heliotropium curassavicum* | Salt heliotrope | | <6800 | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| *Melanthera integrifolia* | Nehe | | <150 | Well drained | | Full-partial | |  | | | | | | | | | | | | | | | | | | | | | |
| *Portulaca lutea* | Yellow purslane | | <130 | Well drained | | full | |  | |  | |  | |  | |  |  |  | | | | | | | | |  | | |
| *Scaevola coriacea* | Dwarf naupaka | | <150 | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| *Sesuvium portulacastrum* | Shoreline seapurslane | | <150 | Well drained-wet | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| ***Waltheria indica*** | ‘uhaloa | | <4000 | Well drained-moist | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| **Vines** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ***Canavalia pubescens*** | Lavafield jackbean | | <2000 | Well drained | | Full-partial | |  | | | | | | | | | | | | | | | | | | | | | |
| *Ipomoea pes-caprae* | Puhuehue | | <2000 | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| ***Jacquemontia sandwicensis*** | Pāʻū o Hiʻiaka | | <100 | Well drained | | Full-partial | |  | | | | | | | | | | |  | |  | |  | |  | |  | |
| **Shrubs** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ***Alyxia stellata*** | Maile | | 150-5000 | Well drained-moist | | Full-partial | |  | | | | | |  | |  |  |  |  | |  | |  | |  | | | | |
| *Brighamia insignis* | ‘ālula | | <1300 | Well drained | | Full-partial | |  | |  | |  | |  | |  |  |  |  | |  | | | |  | |  | | |
| ***Capparis sandwichiana*** | | Maiapilo | <325 | Well drained | | Full | |  | |  | |  | |  | | | | |  | |  | |  | |  | |  | | |
| ***Gossypium tomentosum*** | Ma’o | | <400 | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | | |
| ***Scaevola taccada*** | Beach naupaka | | Coastal | | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | |
| *Sesbania tomentosa* | ‘ohai | | <2500 | | Well drained | | Full-partial | |  | | | | | | | | | | | | | | | | | | | | |
| ***Vitex rotundifolia*** | Pōhinahina | | <50 | | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | |
| **Trees** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ***Cheirodendron trigynum*** | ‘ōlapa | | 1600-7000 | | Well drained-wet | | shade | |  | | | | | | | | | | | | | | | | | | | | |
| ***Erythrina sandwicensis*** | | Wili wili | <1950 | | Well drained | | Full | |  | |  | |  | |  | | | | |  | |  | |  | |  | |  | |
| *Myoporum sandwicense* | Naio | | <7700 | | Well drained | | Full | |  | | | | | | | | | | | | | | | | | | | | |

**Bold** names indicate plants that have been used in traditional Hawaiian medicine. Note: Do not attempt to consume or self-treat with plants you are not familiar with. Phytochemicals can be toxic, or interfere with other medications you are taking. Always consult a physician before consuming unfamiliar plant materials for medicinal use.

Purple names indicate plants that are used in lei making.

Blue names indicate plants that are edible, at least in part.

Orange names indicate plants that are used in lei making and also edible, at least in part.

\*Line color corresponds to flower color (gray=white), however multiple color variants may exist

This table is adapted from “Selecting Plants for Pollinators: Hawaiian Islands Province” (full publication available at https://www.fws.gov/pollinators/pdfs/hawaiianisland.ecoregguide.final.hi-res.pdf).

Further information about these plants may be found in the Native Plants Hawaii online database (nativeplants.hawaii.edu).