Guam’s Geography:

- 30 Miles Long
- (4-12 miles Wide)
- 210 Sq. Miles
- 13ºN and 145ºE
- 19 Villages
- Capital: Hagåtña

Northern Guam: 80,466
Central Guam: 45,382
Southern Guam: 28,957

(Census, 2000)
Spanish claimed Marianas Islands in 1565
  – Jesuit missionaries settled on Guam
Chamorro people “conquered” in 1600’s
U.S. took possession of Guam from Spanish in 1898
Japan invaded Guam on December 8, 1941
U.S. liberated Guam from Japanese in July 21, 1945
## Demographics

Population of 183,286  
(2011, CIA World Factbook)

- Chamorro: 37%
- Filipino: 26%
- Other Pacific Islanders: 11%
- Caucasian: 7%
- Asians: 6%
- Other ethnic origin: 13%
Demographics

- Urban population = 93% of total population
- Rate of urbanization = 1.2% annual rate of change
- Religion = 85% Roman Catholic
- First Languages:
  - English 38%
  - Chamorro 22.2%
  - Philippine languages 22.2%
  - Other Pacific Island 6.8%
  - Asian languages 7%
  - Other languages 3.5%

(2011, CIA World Factbook)
Guam’s Political Status

• “unincorporated territory of the United States”
  – U.S. Citizens
  – If we move to States, we have full political equality
  – Here on Guam, we cannot vote for:
    • U.S. President
    • U.S. Congress member with VOTING POWER
  – U.S. Congress can:
    • overturn any law passed in Guam
    • Decides which parts of the U.S. Constitution apply to Guam Laws
Immigration/Emigration

- Emigration
  - Large Chamorro population in Hawaii, California, Washington, and Nevada

- Immigration
  - Micronesia, Philippines, other Asian countries
Lifestyle

- GDP total = $2.5 billion (2005 estimate)
- GDP per capita = $15,000 (2005 estimate)
- Imports ($701 million) — petroleum, food, manufactured goods
- Exports ($45 million) — construction materials, fish, food and beverage products, transshipments of refined petroleum products
- Industries — US military, tourism, construction, transshipment services, concrete products, printing & publishing, food processing

(2011, CIA World Factbook)
Lifestyle

- Agriculture products = fruits, copra, vegetables, eggs, pork, poultry, beef
- Labor force (89,950):
  - Agriculture 26%
  - Industry 10%
  - Services 64%
- Unemployment rate 8.2% (2010)
- How people live
  - Much like Hawaii & U.S. Mainland
- Food is important part of our culture
# 10 Leading Causes of Death on Guam

<table>
<thead>
<tr>
<th>Cause</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diseases of the heart</td>
<td>31.8%</td>
</tr>
<tr>
<td>Malignant neoplasms</td>
<td>13.9%</td>
</tr>
<tr>
<td>Cerebrovascular disease</td>
<td>9.3%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>4.7%</td>
</tr>
<tr>
<td>Suicide</td>
<td>4.2%</td>
</tr>
<tr>
<td>All other accidents &amp; adverse events</td>
<td>3.7%</td>
</tr>
<tr>
<td>Bacterial diseases (septicemia)</td>
<td>3.2%</td>
</tr>
<tr>
<td>Motor vehicle accidents</td>
<td>3.0%</td>
</tr>
<tr>
<td>Liver Disease</td>
<td>2.2%</td>
</tr>
<tr>
<td>Chronic obstructive pulmonary disease</td>
<td>1.9%</td>
</tr>
</tbody>
</table>

*(DPHSS, 2005)*
Health Status

- Life expectancy at birth is 78.34 years
- Rates of:
  - Cancer
    - 1,580 new cases between 2003-2007
  - Heart disease
    - 199 deaths in 2003
    - #1 cause of death on Guam
  - Tuberculosis
    - 61 per 100,000 population
  - Physical Activity levels (BRFSS)
Obesity on Guam

• Body weight on Guam (2009 BRFSS):
  – 38.9% “healthy” weight range (BMI < 25.0)
  – 34.4% overweight (BMI 25.0 - 29.9)
  – 26.8% obese (BMI ≥ 30)
Life On Guam Before WWII

- Chamorro diet:
  - Taro, yams, cassava, breadfruit, coconut
  - Fish, chicken, canned salmon & sardines, salted fish
  - Eggplants, banana blooms, taro leaves, long beans, wingbeans, monggos (beans/lentils)
  - Fruits
After WWII ... Diets of Chamorro’s shifted

The most significant “imports” that changed Chamorro diet & health status:
Food and Life Events

- Holidays
- Weddings
- Funerals/Rosaries
- Birthdays
- Christenings
- Graduation
- Patron Saints of Villages - Fiestas