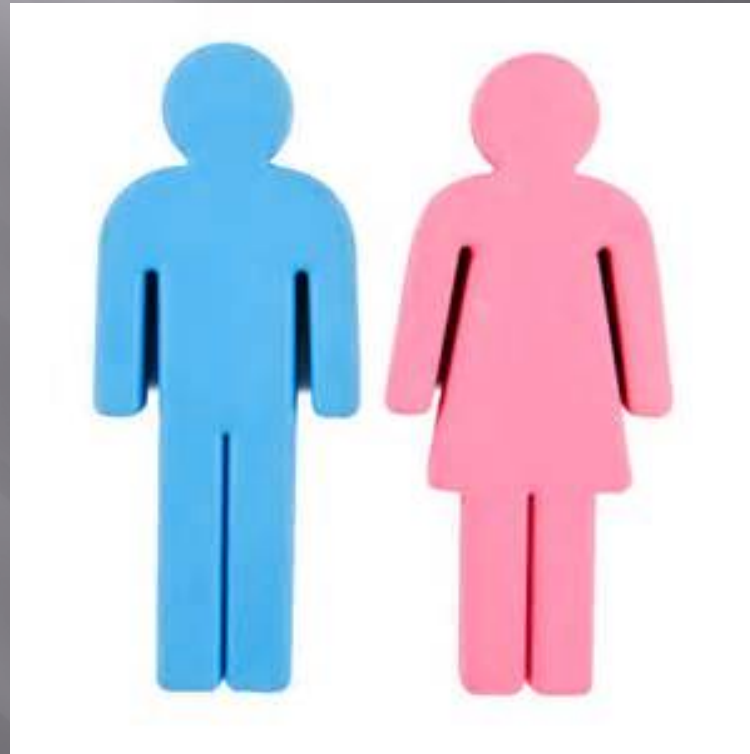


MEN AND WOMEN'S ROLES (AND HOW IT COULD IMPACT YOUR CLASS)



This information about gender role were collated by EFNEP staff working in the Pacific Islands and Hawaii:

Yap: Men and Women's Roles

Women's do all household duties. Women are busy tending to the household

How this impacts lessons

- ▣ The men feel they don't have to participate in classes (i.e. cooking, attending class) because it's women's work
- ▣ Men are encouraged to attend, although men just sit back and listen.
- ▣ Be flexible to women's schedules because they are so busy.
- ▣ Sometimes PA does family visits as well as community classes.

Guam: Roles of men and women

- ❖ Women enjoy being in the kitchen
- ❖ Men are the muscle of the household



How this impacts lessons

- ❖ Women are more open and less discouraged by the lessons or services that are offered
- ❖ Men are still open to being offered the lessons

American Samoa: Roles of men & women

Traditionally

Men:

Find, prepare and cook food.
Men are the providers.

Women:

Assist men preparing the food.
Women do the cleaning.
Women take care of & feed the children

How This Impacts Lessons

Groups of women have a leader who will organize community members:

Coordinating classes through this lead woman is a good way to recruit student

Men and Women are usually taught separately: Teach alternate week classes for men or women so they are not together. Men and women are allowed together as part of youth groups and can share classes.

Churches are community gathering places and classes can be taught on Sundays when everyone is together: Men, women and children can all attend these classes.

Men are the head of the family: When you are recruiting if there is a man as the head of the household you should speak with him first, and give him the information. If a woman takes on the role of head of the house speak with her first before trying to recruit the children or others.

Chuuk: roles of women

Home makers

- Does all the cooking
- Food gathering
- Tend to the children
- Lower status
- Required to wear long dresses and skirts



Saipan: Roles of men and women

▣ *Respect*

How this impacts lessons

- ▣ No cultural barriers or specific protocols
- ▣ Similar to Hawaii (western)

Marshalls: Roles of Men and Women

Men

- ▣ Head of the Family/ Decision maker
- ▣ Puts food on the table

Women

- ▣ Traditionally run the day to day household needs
- ▣ Approachable

How this impacts lessons

Will give permission to attend
Freedom to do as he wishes

Invite to classes, she will discuss with head of household