

Hand Washing & Food Safety

How are they related?



Dirty hands can make us sick and contaminate our food

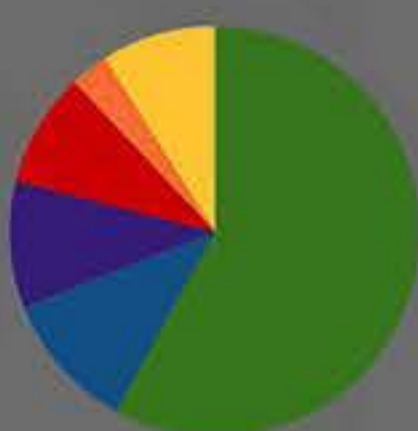


Wash your hands with warm soapy water, and scrub vigorously for 20 seconds. Use a clean disposable towel to dry your hands.

Or we'll be back..



Top Foodborne Illnesses



■ Norovirus (58%) ■ Salmonella (11%)
■ Clostridium Perfringens (10%) ■ Campylobacter (9%)
■ Staphylococcus Aureus (3%) ■ Other (9%)

Source: Centers for Disease Control and Prevention National Center for Emerging and Zoonotic Infectious Diseases. (2012, September 24). Foodborne illness, foodborne disease, (sometimes called "food poisoning"). Centers for Disease Control and Prevention. Retrieved July 17, 2014, from <http://www.cdc.gov/foodsafety/facts.html>



No Bare Hand Contact



1. Wear gloves or use utensils when handling ready to eat foods
2. Wash your hands before and after wearing gloves
3. Change gloves when starting a new task

Source: Department of Health. (2014). Adoption of chapter 11-50 Hawaii administrative rules (pp. 1-170). Hawaii: Department of Health. Retrieved from <http://health.hawaii.gov/san/files/2014/03/11-50.pdf>



Wash your hands before you...



Prepare food



Start a new task

Wash your hands after you...



Cough, sneeze, or blow your nose



Handle raw meats, seafood, or poultry



Touch money or anything soiled



Touch your face, hair, or body



Go to the bathroom



Handle garbage or cleaning supplies

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COLLEGE OF TROPICAL AGRICULTURE AND HUMAN RESOURCES
UNIVERSITY OF HAWAII AT MĀNOA



Acknowledgements: Hawaii State Department of Health
Created July 2014



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