

# COVER CROPS FOR SOIL AND PEST MANAGEMENT

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# OUTLINE



- Benefits of cover cropping
- Cover crop calculator
  - Factors affecting plant available N% (PAN%)
- Sustainable approaches for pest management
  - Insect pests
  - Nematodes
  - Weeds





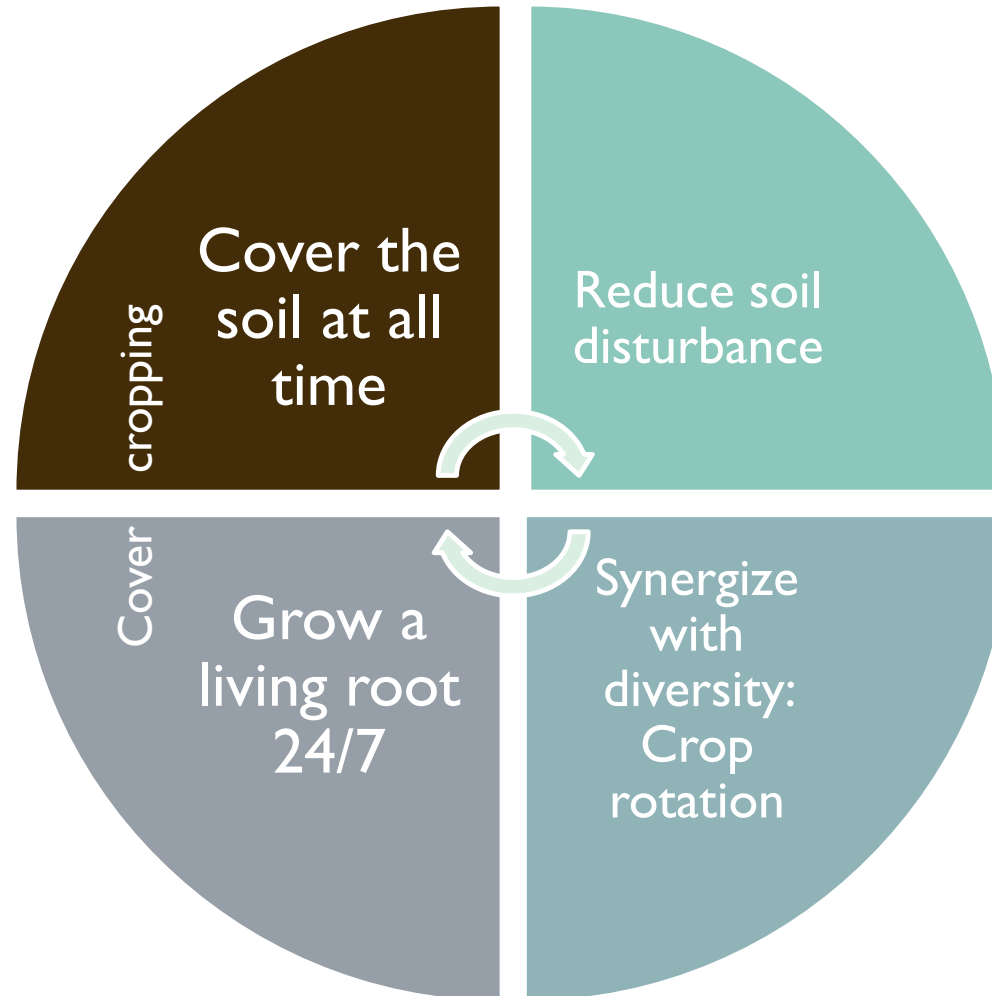
# ***BENEFITS OF COVER CROPPING***

- ✓ 1. Reduce fertilizer costs
- ✓ 2. Add organic matter
- ✓ 3. Improve yields by enhancing soil health
- 4. Reduce the need for herbicides and other pesticides (nematicide)
- 5. Prevent soil erosion
- 6. Conserve soil moisture
- ✓ 7. Protect water quality
- ✓ 8. Help safeguard personal health
- 9. Some cover crops offer harvest possibilities as forage, grazing or seed in multiple crop enterprises.



# Benefits of cover cropping:

## Soil Health

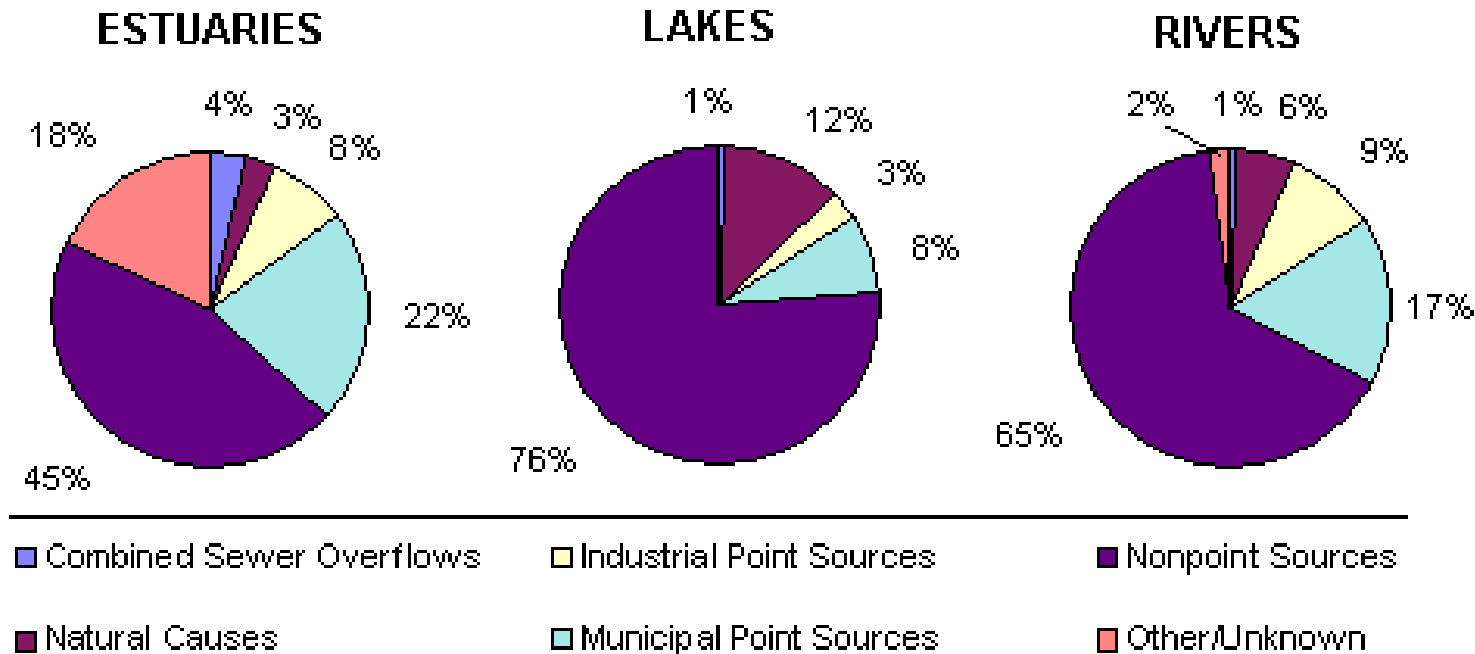


Water Health?



# NON-POINT SOURCE POLLUTION

RELATIVE IMPACT OF NONPOINT SOURCE POLLUTION  
PROBLEMS IN IMPAIRED WATERS



Nonpoint source pollutants, such as sediments, **nutrients**, pesticides, herbicides, **fertilizers**, **animal wastes** and other substances that enter our water supply as components of runoff and ground water, have increased in relative significance and accounts for > 50% of the pollution in U.S. waters.

# EUTROPHICATION

Excess Nitrogen and Phosphorous Spur Algal Growth,  
Deplete Oxygen and Kill Fish.



George Eberling, Maryland DNR

Algae bloom



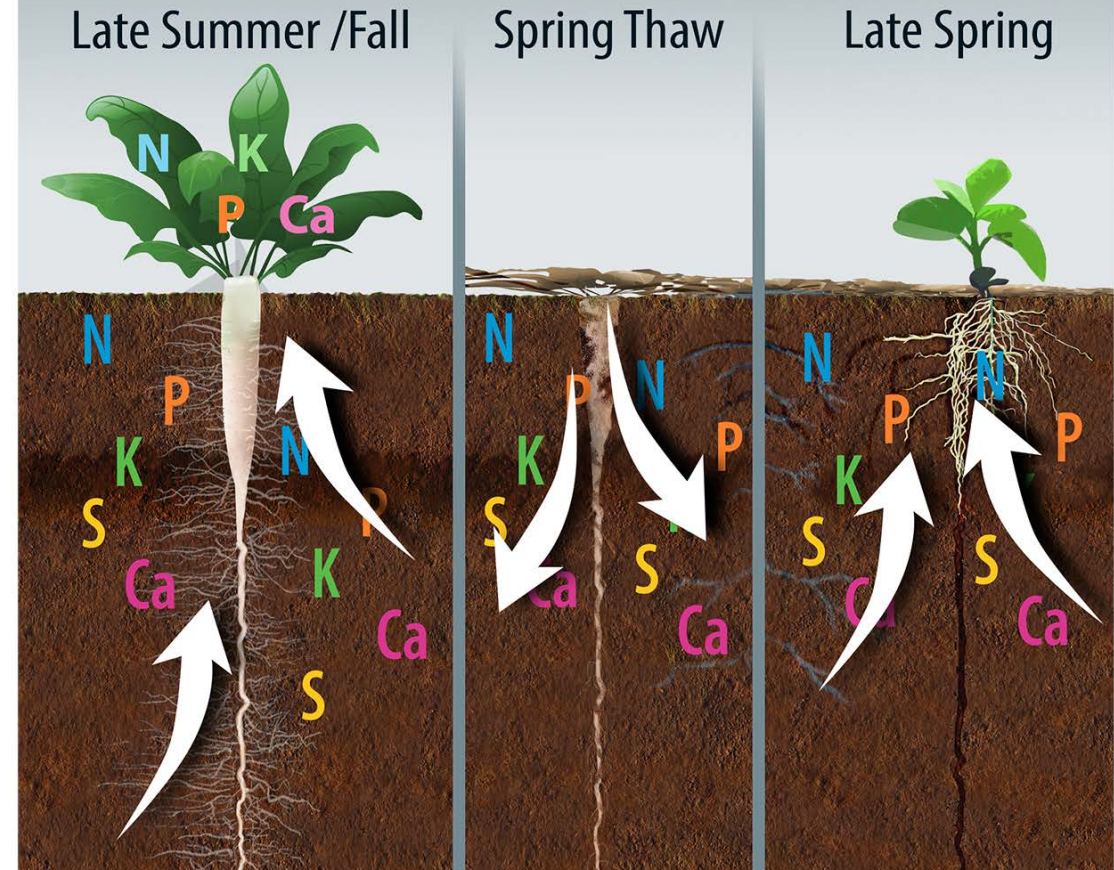
USDA Forest Service

Many species, including fish, are sensitive to low oxygen levels and die as a result.

# 1. *CUT FERTILIZER COSTS*

1. Contributing N to cash crops
  - 30-60% of N that the legume produced can be available for the subsequent cash crop
  - But plant N available rates varies by cover crop and soil condition --- Cover crop calculator
  - Examples: sunn hemp, cowpea, lablab, yellow sweet clover, white clover, hairy vetch
2. Scavenging and mining soil nutrients
  - Fibrous-rooted cereal grains or grasses – scavenging excess N left in soil after a cash crop, reduce nutrient leach

## Cover Crops and Nutrient Capture



Cover crops can increase the amount of nutrients available for the next crop by taking up nutrients that remain in the soil and holding them in plant tissue until they are released the next spring, when they can be used by the following crops. *Courtesy: Cover Crop Solutions*



# 1. NUTRIENT SCAVENGING

- **Need to plant early:** Rye can take up 70 lb N/A when planted soon after termination of last crop.
- Deep-rooted cover crops (such as oil radish) draw **Ca and K** that leach down the soil profile to upper soil surface.
- Although P doesn't leach, it is not readily available for plant to uptake. Cover crops such as buckwheat and lupins, secrete acids into soil that put P into a more soluble form for plant to uptake.
- Cover crops could also enhance plant P uptake by hosting mycorrhizae fungi.



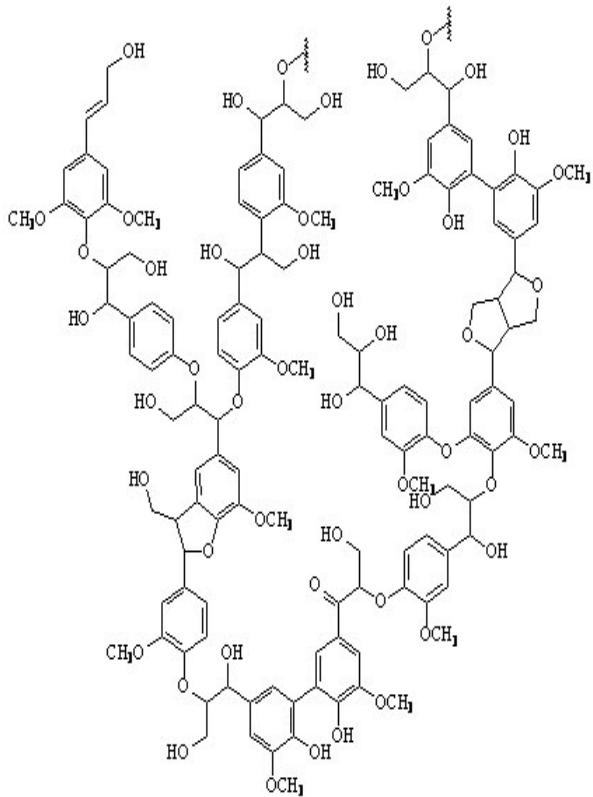
Oil radish



Lupin

## 2. *ADDING SOIL ORGANIC MATTER*

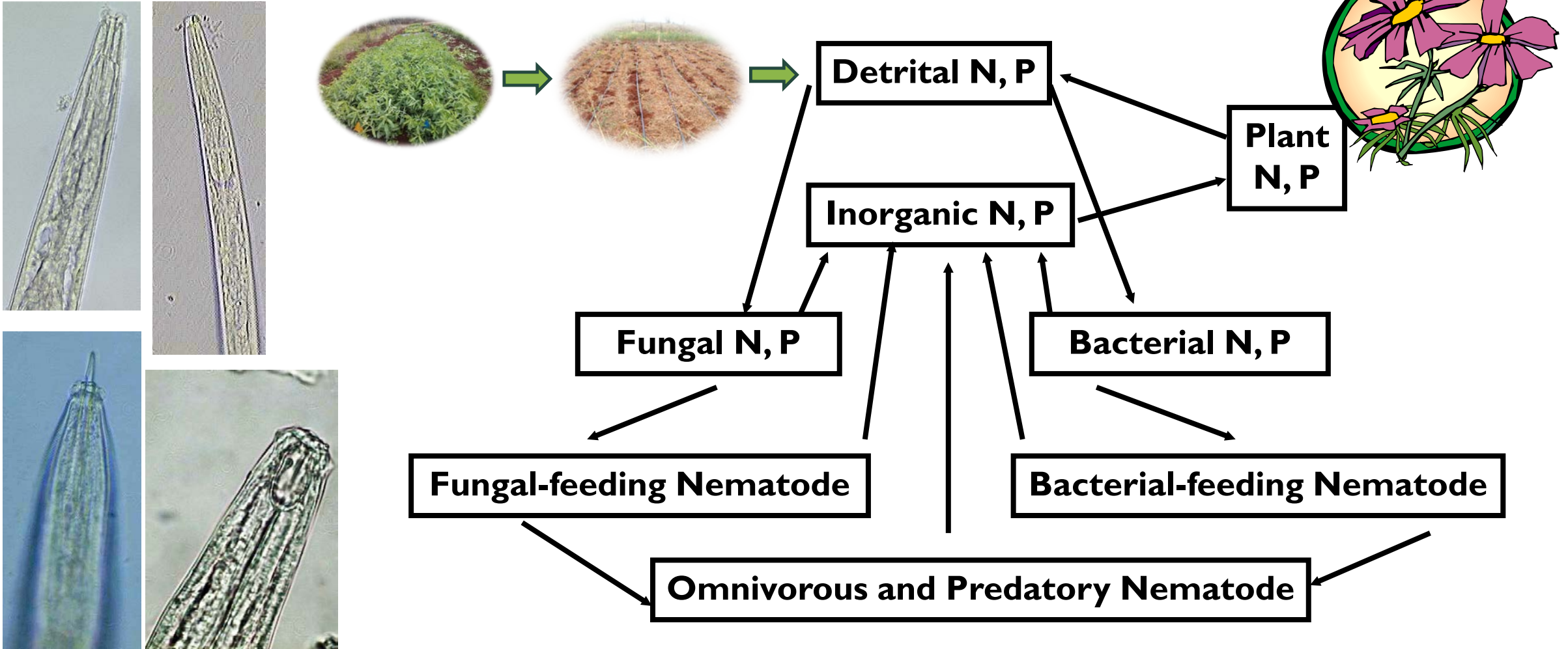
- Soil organic matter contributes to improve soil structure, increase infiltration and water holding capacity, increase cation exchange capacity (help soil to store nutrients).
- Two portions of soil organic matter:
  - Active fraction -- rich in simple sugars, proteins, fresh residues, microbial cells (responsible for the release of most N, P, K from organic matter)
  - Stable fraction – rich in celluloses and lignins, tougher to break down, contribute to humus (responsible for real soil organic matter, dark content, water holding capacity, cation exchange capacity or CEC)



### 3. *IMPROVE SOIL NUTRIENT CYCLING*

Cover crops enhance microbial activities involve in soil nutrient cycling

↑ **yield**







### 3. *IMPROVE SOIL STRUCTURE*

- Leguminous cover crops enhance bacteria in the soil. **Bacteria** produced polysaccharides that 'glue' soil particle together.
- Grasses have a 'fibrous' root system that help aggregate the soil between roots.
- Most plant roots develop mutualistic relationships with mycorrhizae fungi that produce **glomalin**, which glues together organic matter, plant cells, bacteria and other fungi.
- Cover crops with deep roots (**sorghum-sudangrass, rapeseed, yellow sweetclover**) also break up compacted soil.
- Cover crops (ryegrass) help dry out wet soils.
- Leading soil-building crops (e.g. rye)



YELLOW SWEET CLOVER  
(*MELILOTUS INDICUS*)



# HOW TO SELECT COVER CROPS TO FIT YOUR NEEDS? (EFFECTS ON ORGANIC MATTER)



Crimson clover  
*Trifolium incarnatum*



Oat  
*Avena sativa*



White clover  
*Trifolium repens*

- **Annual legumes:** Produce plant materials that are succulent and rich in proteins and sugars – leave little long-term organic matter.
- **Grain and grasses, non-legumes:** Produce plant materials that are woodier or more fibrous – promote more stable organic matter (humus), increase soil structure, CEC, but might tie up nutrients temporarily.
- **Perennial legumes** such as perennial peanut, white clover or sunn hemp (if let sunn hemp grown for months) may fall in both categories – leaves will break down quickly, but stems and root systems can contribute to humus accumulation.

# Selecting Cover Crops

<http://www.ctahr.hawaii.edu/WangKH/Downloads/CCChart-Hawaii-KHWang.pdf>

- Benefits of cover crop for soil fertility management
- Cover crop calculator
- ✓ ■ Factors affecting plant-available N% (PAN%)

## Cover Crop Chart for Hawaii

Koon-Hui Wang and Archana Pant, CTAHR, University of Hawaii

CRATE

High Elevation

Low Elevation

Grass

Grass

Broadleaf

Legume

<sup>A</sup> Black Oat  
75 lb/acre

<sup>A</sup> Sesame  
4 lb/acre

<sup>A</sup> Barley  
90 lb/acre

<sup>A</sup> Buckwheat  
20-30 lb/acre

<sup>A</sup> Pearl Millet  
15 lb/acre

<sup>A</sup> Cereal Rye  
90 lb/acre

<sup>A</sup> Canola  
7-10 lb/acre

<sup>A</sup> Hairy vetch  
30-50 lb/acre

<sup>A</sup> Woolly pod Vetch  
40-60 lb/acre

<sup>P</sup> Jack bean  
50-60 lb/acre

<sup>A</sup> Cowpea <sup>R</sup>  
(CA Blackeye S,  
'Purple knuckle', 'TS  
Brown', 'MS Silver')

<sup>A</sup> Mustard  
7-10 lb/acre

<sup>A</sup> Oat  
90 lb/acre

<sup>A</sup> Oat  
90 lb/acre

<sup>A</sup> Mustard  
7-10 lb/acre

<sup>A</sup> Bell Bean  
150 lb/acre

<sup>S</sup> Yellow Sweetclover  
10-15 lb/acre

<sup>SP</sup> Velvet Bean  
40 lb/acre

<sup>A</sup> Soybean  
50-75 lb/acre

<sup>A</sup> Rape Seed <sup>S</sup>  
7-10 lb/acre

<sup>A</sup> Black Oat  
75 lb/acre

<sup>A</sup> Winter Wheat  
120 lb/acre

<sup>A</sup> Rape Seed <sup>S</sup>  
7-10 lb/acre

<sup>SP</sup> Red Clover  
20 lb/acre

<sup>P</sup> White Clover  
20 lb/acre

<sup>P</sup> Pigeon Pea  
40-60 lb/acre

<sup>P</sup> Lablab  
11-18 lb/acre

<sup>A</sup> Oil Radish <sup>S</sup>  
10 lb/acre

<sup>A</sup> Grain Sorghum  
25-30 lb/acre

<sup>A</sup> Annual Ryegrass  
100 lb/acre

<sup>S</sup> Oil Radish  
10 lb/acre

<sup>R</sup> Austrian Winter pea  
100 lb/acre

<sup>P</sup> Alfalfa <sup>R</sup>  
(Moope 55)

<sup>R</sup> Perennial Peanut  
100 lb/acre

<sup>A</sup> Sunn Hemp <sup>R</sup>  
100 lb/acre

<sup>R</sup> Marigold  
3 lb/acre

<sup>R</sup> Sorghum-Sudangrass  
35-60 lb/acre

Nematode suppressive

\* = seedling rate

A = annual; B = Biennial; P = Perennial; SP = Short-term perennial.

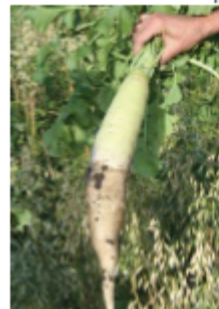
R = resistant to root-knot but not reniform nematode; (note: only certain cultivars are resistant to root-knot nematodes for alfalfa and cowpea; cowpea is very susceptible to reniform nematode).

S = suppressive to plant-parasitic nematodes

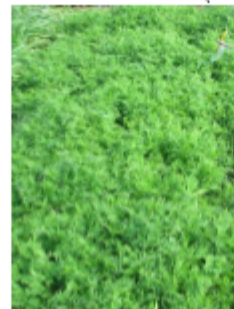
R\* = sunn hemp and velvetbean are resistant to root-knot and reniform nematodes; marigold, *Tagetes patula*, is resistant to root-knot and reniform, *T. erecta* is only resistant to root-knot; sesame is resistant to southern and peanut root-knot nematode (*Meloidogyne incognita* and *M. arenaria*) but not Javanica root-knot (*M. javanica*).



Sunn hemp



Oil radish



Woolly pod vetch



Sudangrass + lablab



Buckwheat



Cowpea + marigold



# PLANT AVAILABLE NITROGEN (PAN)

- Although cover crops can fix or accumulate nitrogen (N) in plant tissues, not all the N in the tissue will be released into a plant available form.

At 28 days after cover crop incorporation  
At 70 days after cover crop incorporation



$$\text{Plant Available Nitrogen (PAN \%)} = \frac{[\text{Soil nitrate with cover crop (mg/kg)} - \text{soil nitrate without cover crop}]}{\text{Total N added by cover crop (mg/kg)}} \times 100$$

$$\% \text{ N in tissue} \times \text{cover crop biomass} = \text{Total N}$$



$$\text{Actual PAN} = \text{cover crop dry biomass} \times \% \text{ N} \times \text{PAN\%}$$

*Amount of N  
fertilizer input  
that farmers can  
cut back*

## FACTORS AFFECTING PAN% FROM COVER CROP

- climate conditions, season
- soil types
- cover crop species
- biomass, plant age, % N in tissue
- time after cover crop termination
- farming practice (till vs no-till)
- microbial activities in your soil

Based on studies in Kansas, Vigil and Kissel (1991) found strong correlation between PAN released % with % N in tissues

$$PAN (\%) = -53.44 + 16.98 (\% N \text{ in tissue} \times 10)^{1/2}$$

However, Hawaii has many micro-climates and soil types. Thus, different PAN prediction models need to be developed for different regions in Hawaii.....

# PAN FROM COVER CROPS IN POAMOHO, OAHU (WINTER)

Cover Cropping Practice				Cover Crop Tissue			28 Days		70 Days	
Season/tillage	Cover Crop	Fresh Weight (lb/ft <sup>2</sup> )	Dry Content (%)	Dry Weight (lb/Acre)	Tissue N (%)	Total N(lb/A)	PAN (%)	Actual PAN (lb/A)	PAN (%) <sup>2</sup>	Actual PAN(lb/A)
Winter/Till	Sunn hemp	1.2	23.10%	12074.83	1.66	200.44	55.24	110.72	67.82	135.94
Winter/Till	Cowpea (Blackeye #5)	1.04	13.70%	6206.43	2.87	178.12	63.74	113.54	75.17	133.90
Winter/Till	Lablab	0.78	14.89%	5059.15	2.75	139.13	62.72	87.26	75.22	104.65
Winter/Till	Pigeon pea	0.55	20.47%	4904.20	3.47	170.18	66.14	112.55	81.69	139.02
Winter/Till	Woodypod vetch	0.55	9.21%	2206.53	4.43	97.75	70.52	68.93	84.19	82.30

- % Tissue N varied among cover crop species.
- Some cover crop released PAN more efficiently than others (70.5% vs 55.2%).
- Actual PAN can be strongly influenced by cover crop biomass.



# PAN FROM COVER CROPS IN POAMOHO, OAHU (SUMMER)

Cover Cropping Practice				Cover Crop Tissue			28 Days		70 Days	
Season/tillage	Cover Crop	Fresh Weight (lb/ft <sup>2</sup> )	Dry Content (%)	Dry Weight (lb/Acre)	Tissue N (%)	Total N(lb/A)	PAN (%)	Actual PAN (lb/A)	PAN (%) <sup>2</sup>	Actual PAN(lb/A)
Winter/No-till	Sunn hemp	1.07	24.62%	11475.19	2	229.50	56.85	130.47	66.72	153.12
Winter/No-till	Cowpea (Blackeye #5)	1.47	14.20%	9092.71	2	181.85	56.6	102.93	65.42	118.97
<b>Summer</b>										
Summer/No-till	Sunn hemp	0.72	21.34%	6692.91	2.72	182.05	60.54 ✓	110.21	75.14 ✓	136.79
Summer/No-till	Cowpea	1.54	14.24%	9552.53	2.83	270.34	67.57 ✓	182.67	74.43 ✓	201.21
Summer/No-till	Lablab	0.34	13.31%	1971.26	3.13	61.70	78.05	48.16	81.91	50.54
Summer/No-till	Sudex	0.96	16.02%	6699.18	1.33	89.10	43.48	38.74	54.95	48.96
Summer/No-till	Oat (TAM406)	0.51	14.72%	3270.14	1.84	60.17	46.25	27.83	62.55	37.64
Summer/No-till	Oil Radish	0.55	6.40%	1533.31	2.49 ✓	38.18	70.8 ✓	27.03	77 ✓	29.40

- PAN released % was higher in summer than winter.
- Grassy cover crops had lower % N and slower PAN released % compared to legumes, but that in oil radish was equivalent or higher than legumes, thus a good nutrient scavenging crop.

# PAN FROM COVER CROPS IN LALAMILO, HAWAII

Cover Cropping Practice				Cover Crop Tissue			28 Days		70 Days	
Season/tillage	Cover Crop	Fresh Weight	Dry Content	Dry Weight (lb/Acre)	Tissue N (%)	Total N(lb/A)	Actual PAN			
		(lb/ft <sup>2</sup> )	(%)				PAN (%)	(lb/A)	PAN (%) <sup>2</sup>	Actual PAN(lb/A)
Winter/Till	Bell bean	0.78	10.60%	3601.54	4.2	151.26	64.03	96.85	69.95	105.81
Winter/Till	Austrian Winter Pea	0.6	11.70%	3057.91	4.9	149.84	63.34	94.91	67.72	101.47
Winter/Till	Annual ryegrass	0.36	13.42%	2104.47	4.72	99.33	54.76	54.39	60.58	60.17
Winter/Till	Woolypod vetch	0.45	11.20%	2195.42	5.32	116.80	58.46 ✓	68.28	66.57	77.75
Winter/Till	Oat (Cayuse)	1.15	17.20%	8616.17	2.34	201.62	42.55	85.79	53.28	107.42

- PAN released % could change from location to location.
- Although N % in these cover crops were higher than the tropical legumes tested earlier, the actual PAN released were lower.
- Farmers could calculate amount of N fertilizer needed to full-fill the crop requirement.

Total N requirement for your crop:				➡	A =	180
(Recommended by ADSC)						
N available from your cover crop:				➡	B =	105
Amount of N you need to fertilize for your crop:				➡	A - B =	75

# How to use Cover Crop Calculator?

<http://www.ctahr.hawaii.edu/WangKH/cover-crop.html>



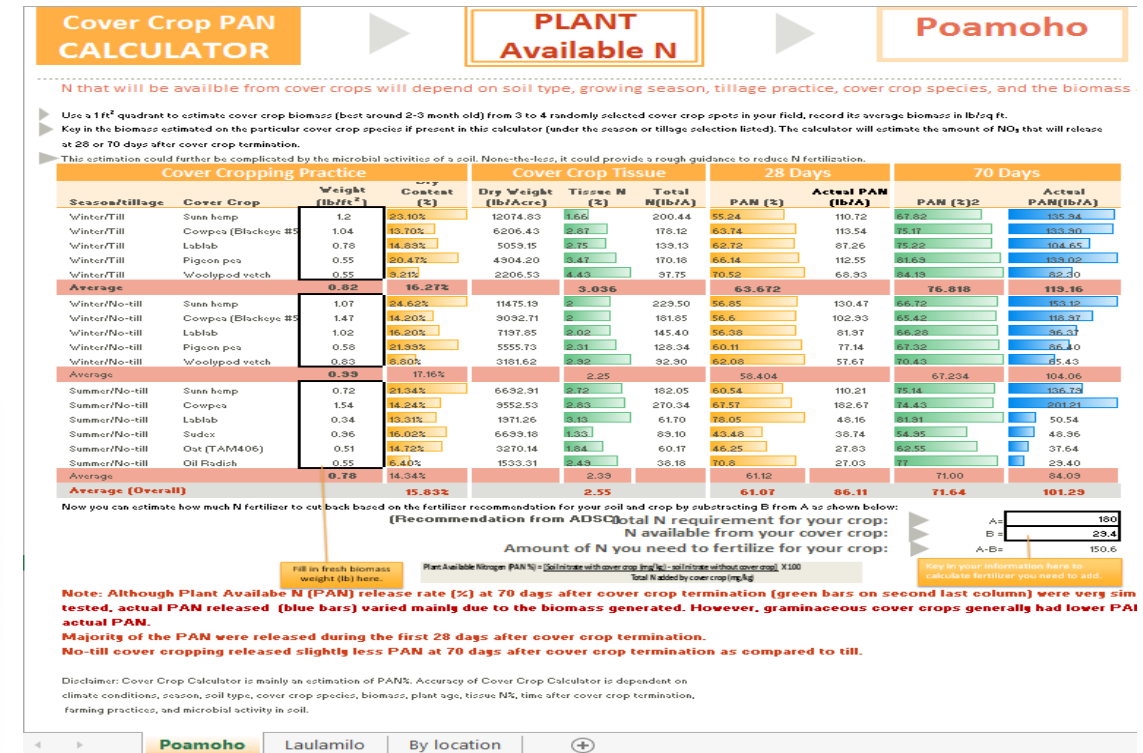
Tissue N%



1. Estimate cover crop dry biomass (lbs/acre)

2. Send tissue to analyze for tissue N content (%)

*Amount of N fertilizer input that farmers can cut back*



3. Find a location in Cover Crop Calculator similar to your area, calculate actual PAN at 4 or 10 weeks after cover crop termination.

$$= \text{Actual PAN} = \% \text{ N} \times \text{cover crop dry biomass} \times \text{PAN\%}$$



# Cover Crop PAN CALCULATOR

**PLANT  
Available N**

**By location**

- ▶ In the event that you grow a cover crop mix, you can send a sample of your cover crop tissue at crop termination to Agriculture Diagnostic Service Center (ADSC) to assay for **tissue N (%)**, and estimate the **dry weight** of your cover crop biomass in lb/acre. Estimate **dry weight** by collecting fresh cover crop biomass in lb/ft<sup>2</sup>, dry tissue in sun, and weigh.
- ▶ Estimate plant available Nitrogen (PAN) from your cover crop mix by using PAN-N regression lines generated for your location.

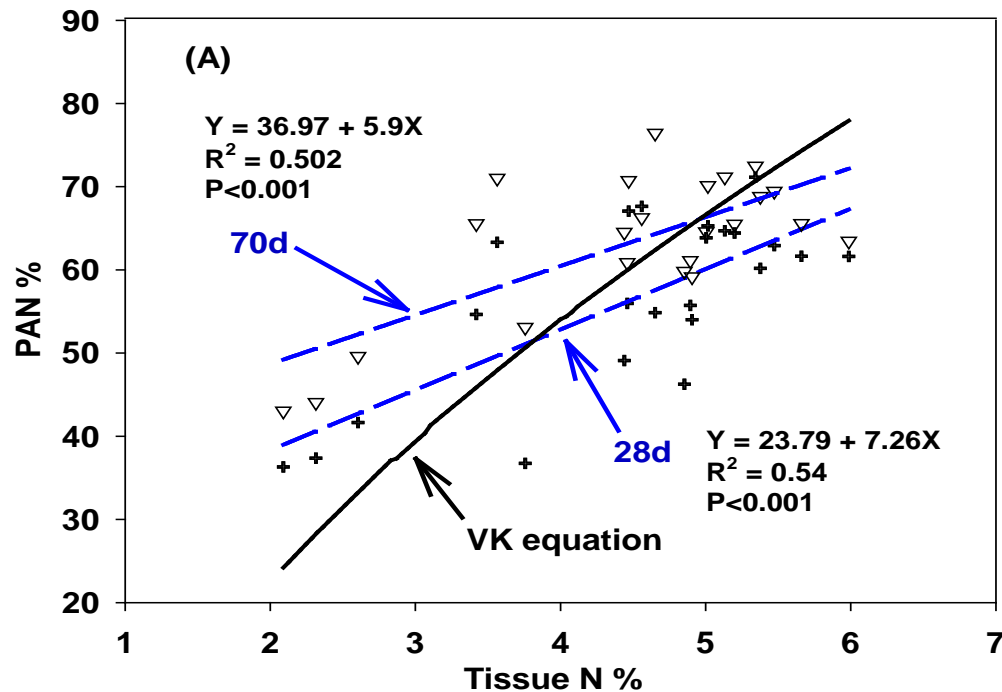
Key in

	Cover Crop Tissue				28 Days		70 Days	
Location	Dry Weight (lb/ft <sup>2</sup> )	Dry Weight (lb/Acre)	Tissue N (%)	Total N(lb/A)	PAN (%)	Actual PAN (lb/A)	PAN (%) <sup>2</sup>	Actual PAN(lb/A)
Poamoho	0.15	6534	2	131	55.4	72	66.7	87.16356
Waimea	0.15	6534	2	131	38.31	50	48.77	63.732636
Kula	0.15	6534	2	131	39.342	51	54.518	71.2441224
Hoolehua	0.15	6534	2	131	30.179	39	39.912	52.1570016

Actual PAN = Cover crop biomass (dry weight in lb/acre) × Tissue N% × PAN%

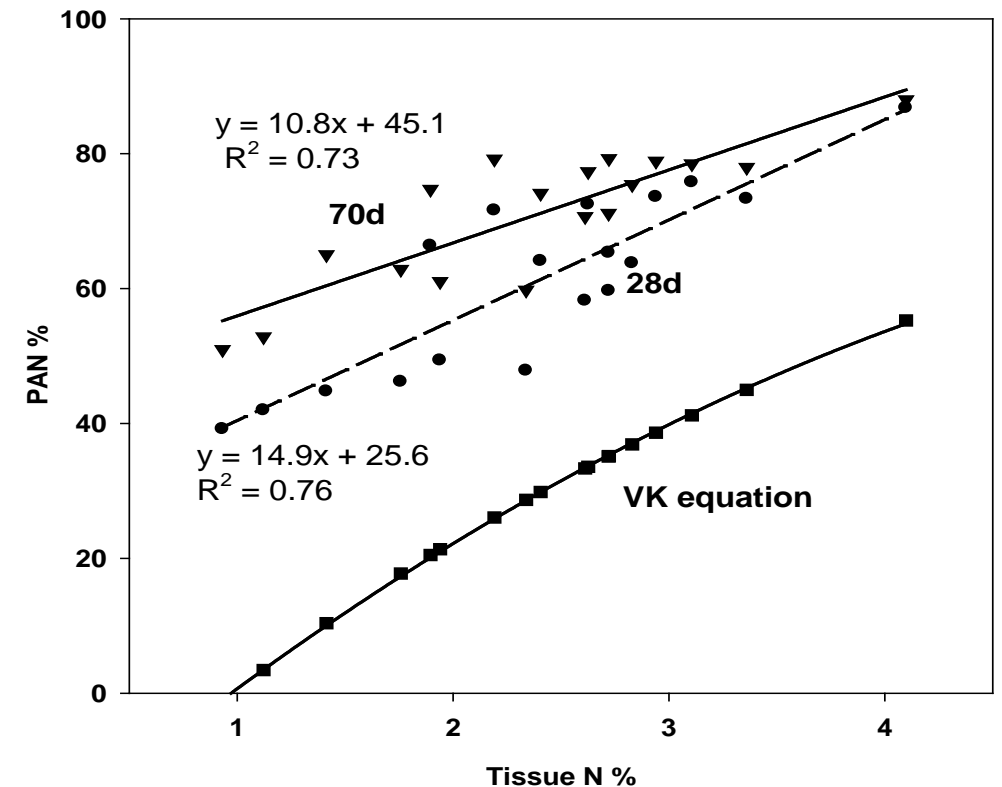
# PAN% PREDICTION CURVES IN HI

## PAN% Prediction Curve at Waiaimea

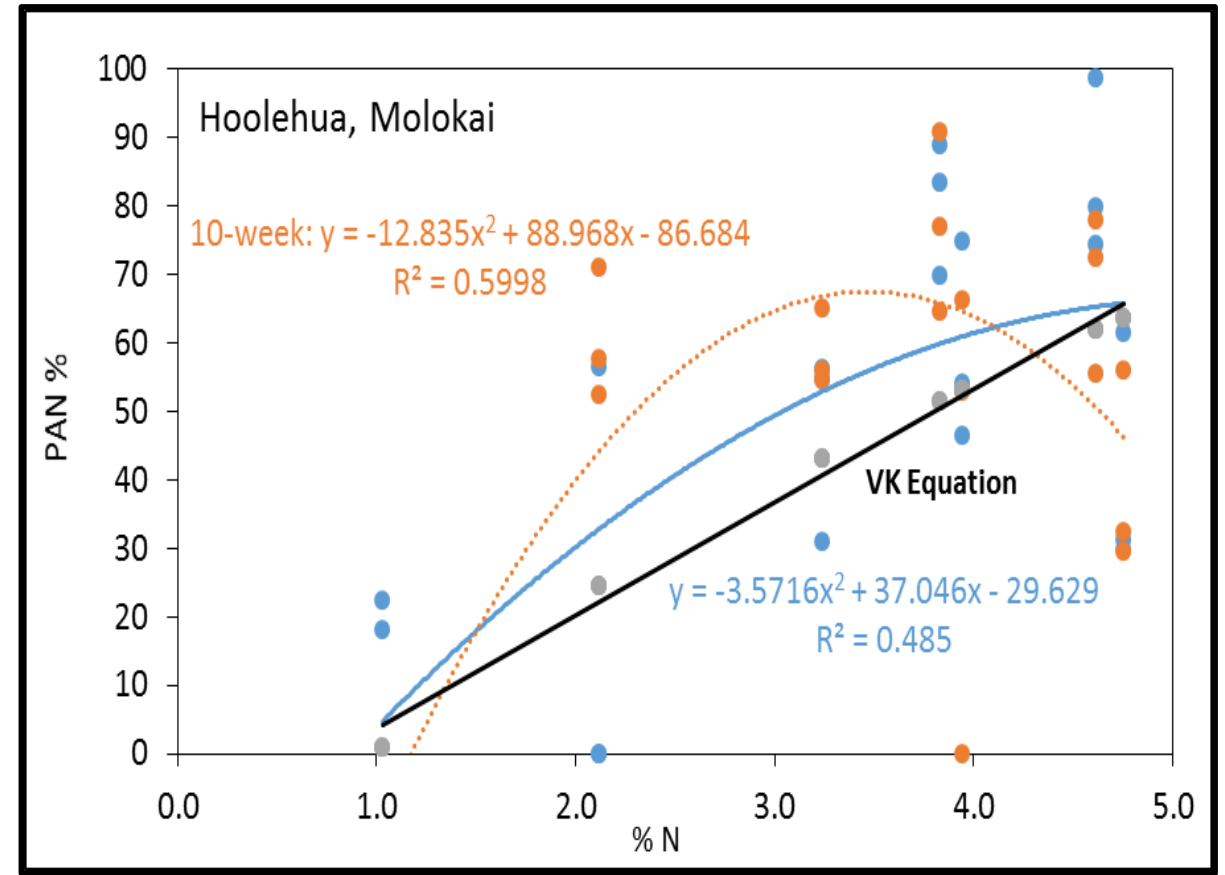
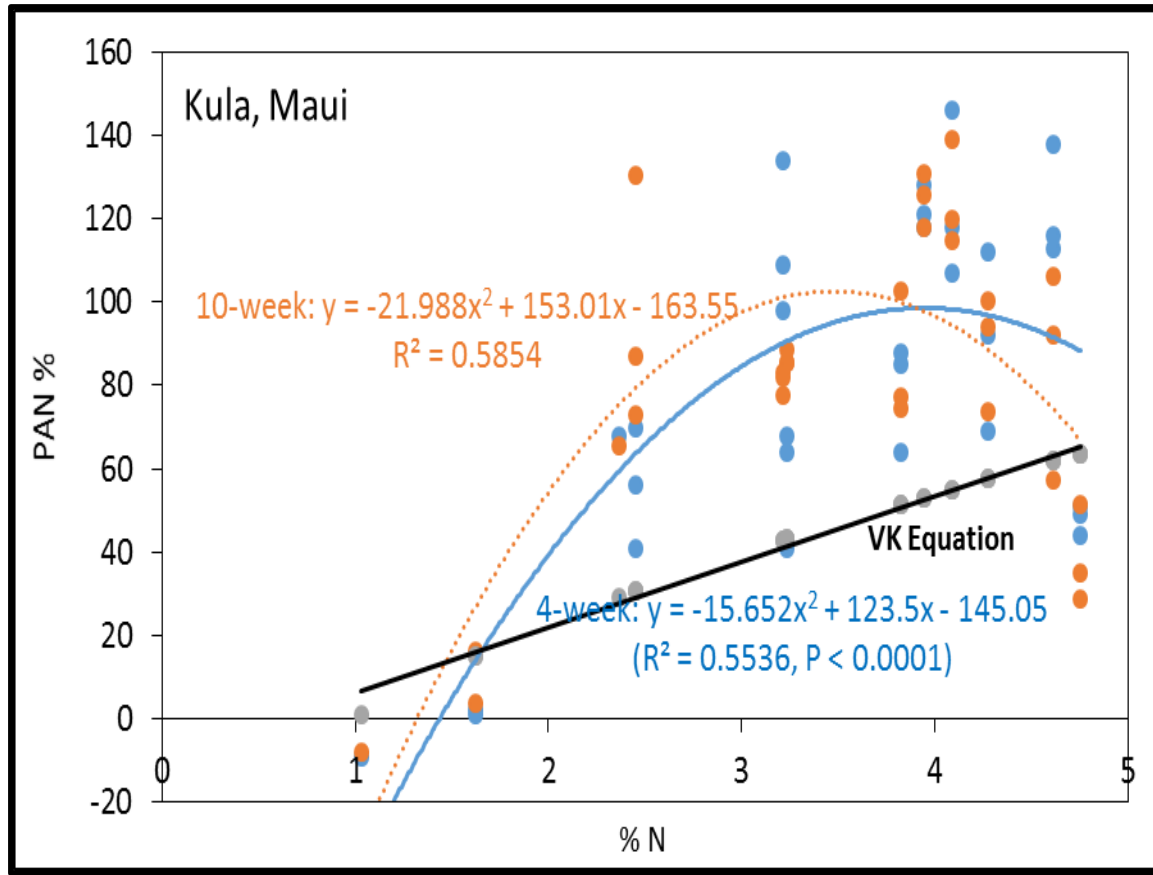


PAN% prediction curve based on %N in cover crop tissues (any cover crop mix will work) generated from Waiaimea and Poamoho are very different from that predicted by VK equation.

## PAN% Prediction Curve at Poamoho



# PAN% PREDICTION CURVES IN HI



- In general, PAN% of tissues with %N between 2-4% are higher in Hawaii than that using VK prediction.
- But PAN% of tissues with %N higher than 4% might result in reduction of PAN% in HI possibly due to N immobilization.



## FARMER'S SAMPLES

	Dry wt (tons/A)	Tissue N (%)	28 day PAN (%)	28 day Actual PAN (lb/A)	40 day PAN (%)	40 day Actual PAN (lb/A)
Hirayama	1.94	4.05	61.73	95.08	68.77	106.03
Bonk	1.38	4.77	62.92	90.53	71.42	93.64
Robbs	2.64	2.64	62.22	89.60	-	-

	Cover crops mix
Hirayama	Vetch, red clover, spring pea, oats
Bonk	Oil radish, vetch
Robbs	Cayuse oat, bell beans, purple vetch, Austrian winter peas



Majority of the PAN was released during the first 28 days after cover crop termination, thus **additional fertilizer should be added there after.**

# CONCLUSION

- ✓ Although PAN release rates at 70 days after cover crop termination were similar among all legumes and oil radish tested, actual PAN released varied mainly due to the biomass generated. **Thus, it is a good practice for farmers to estimate cover crop biomass accumulated prior to termination of cover crop.**
- ✓ Graminaceous cover crops generally had lower PAN%, resulted in lower actual PAN regardless of the biomass generated. None-the-less, graminaceous cover crops are good nutrient scavenging crops, and soil C builders.
- ✓ Majority of the PAN was released during the first 28 days after cover crop termination, thus **additional fertilizer should be added there after.**





# BENEFITS OF COVER CROPS FOR PEST MANAGEMENT





# ***BENEFITS OF COVER CROPPING***

1. Reduce fertilizer costs
2. Add organic matter
3. Improve yields by enhancing soil health
- ✓ 4. Reduce the need for herbicides and other pesticides (insecticide, nematicide)
5. Prevent soil erosion
6. Conserve soil moisture
7. Protect water quality
8. Help safeguard personal health
9. Some cover crops offer harvest possibilities as forage, grazing or seed in multiple crop enterprises.



## *4-1. REDUCE THE NEED FOR HERBICIDES*

Cover crops can effectively suppress weeds by:

- Producing allelopathic compounds that provide natural herbicidal effects (e.g. sudangrass, rye)
- Smothering / outcompetes weeds for water and nutrients (e.g. buckwheat, yellow sweet clover, woollypod vetch)
- Shading weeds (e.g. sunn hemp)



Squash grown in a plot mulched with sudangrass residues.

**Ex. Fall planted brassica cover crops coupled with mechanical cultivation help potato growers with a long growing season maintain marketable yield and reduce herbicide applications by 25% (Stark, 1995).**



# Buckwheat smothered weeds between zucchini rows



C.R.R. Hooks

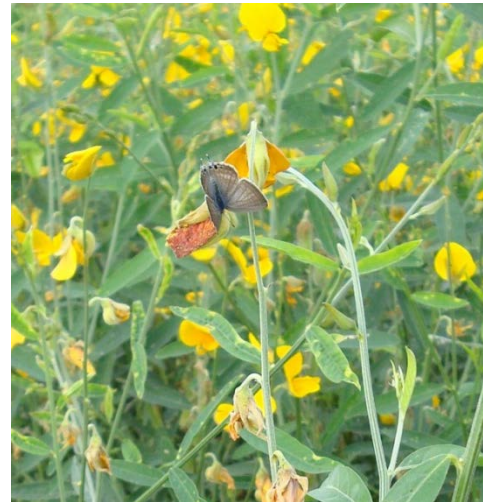


# INSECTARY PLANTS

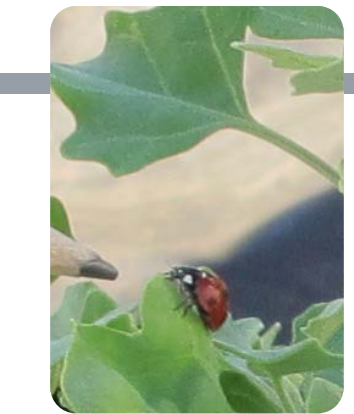
Plants that attract insects, either produce flowers with pollen and nectar for beneficial insects, or lure insect pests away from the cash crop.



Hoverflies on  
buckwheat and cilantro



Sunn hemp flowers attracts  
*Lycaenidae* butterflies that draw  
*Trichogramma* wasps to lay eggs on  
the Lepidopteran eggs.



Lady beetles  
on Aweoweo



Uhaloa attracts  
wasps and bees

# *BORDER COVER CROPS ALSO SERVE AS FOOD SOURCE FOR POLLINATORS*



Sweat bee



Carpenter bee



Leaf cutter  
+ Sweat bee



Green bee



Leaf cutter  
bee



Leaf cutter+honey bee



Amaranth



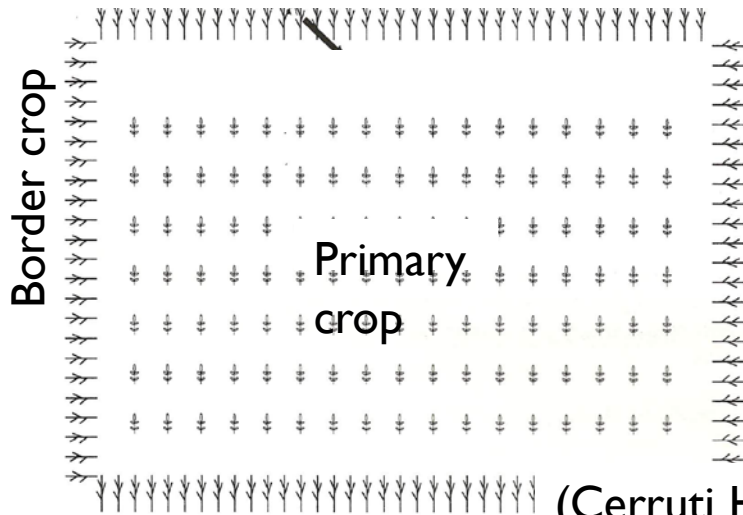
Yellow Crown Beard

Pollinators visiting sunn hemp flowers



# HOW TO USE COVER CROPS AS INSECTARY PLANTS?

## 1. As border crop



(Cerruti Hooks)

## 2. As intercrop



Buckwheat and zucchini



Sunn hemp and corn

(Roshan Manandhar)

## 3. Insectary plant corridors (Nicholls, Parrella, and Altieri, 2000)



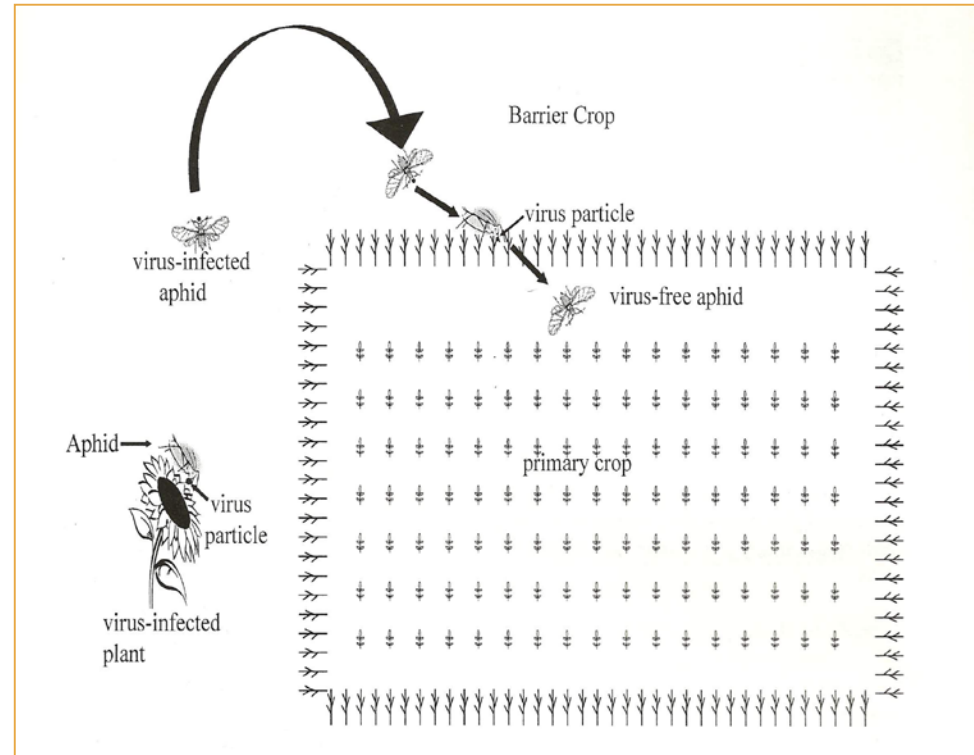
# HOW TO USE COVER CROPS AS INSECTARY PLANTS?

## 3. As organic mulch (no-till)



Cowpea and buckwheat as insectary borders, and sunn hemp organic mulch harbor natural enemies or parasites against insect pests (thrips, leaf miners) and fungal disease (purple blotch).

## 4. As trap crop / virus sink theory





## HOW TO USE COVER CROPS AS INSECTARY PLANTS?

### *5. Cover crop in strip-till system: as living mulch and surface mulch*



**Sunn hemp (*Crotalaria juncea*)**

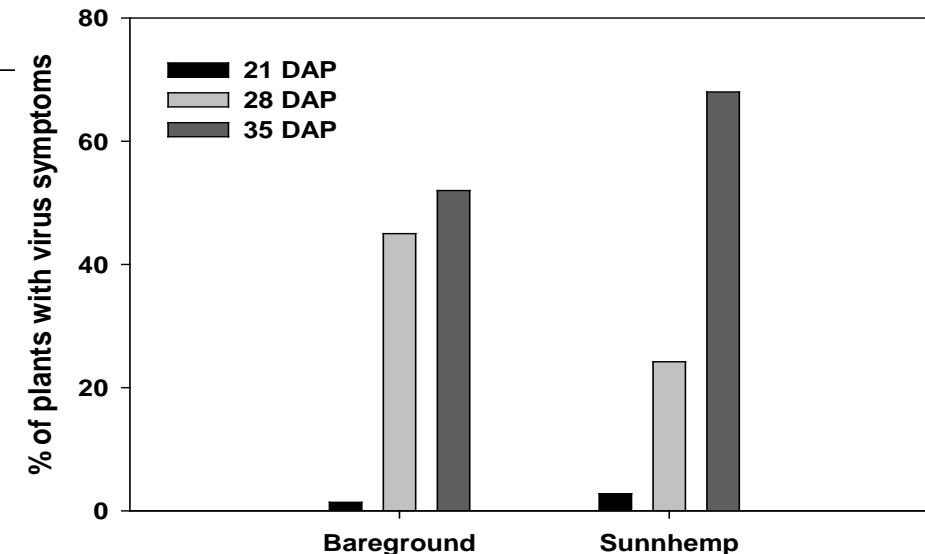
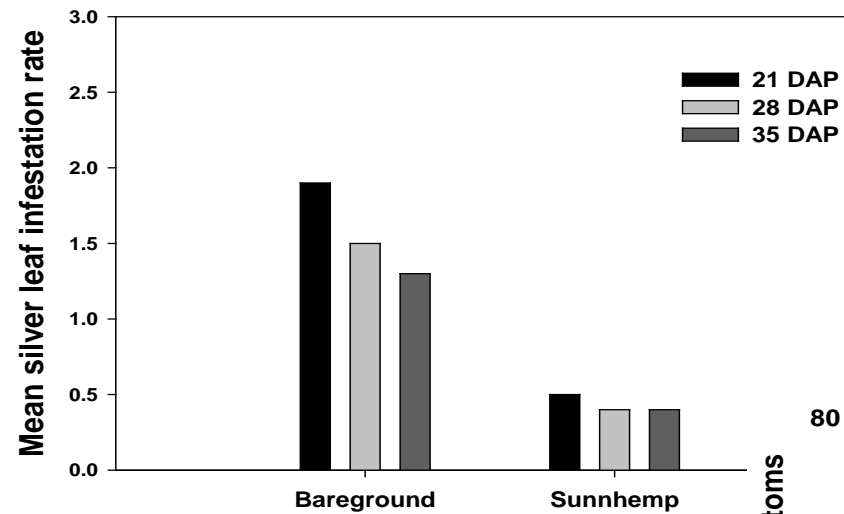
# *SUNN HEMP SERVES AS TRAP CROP FOR WHITEFLIES, THUS REDUCING SILVERLEAF SYMPTOMATIC ZUCCHINI*



Zucchini intercropped with sunn hemp.

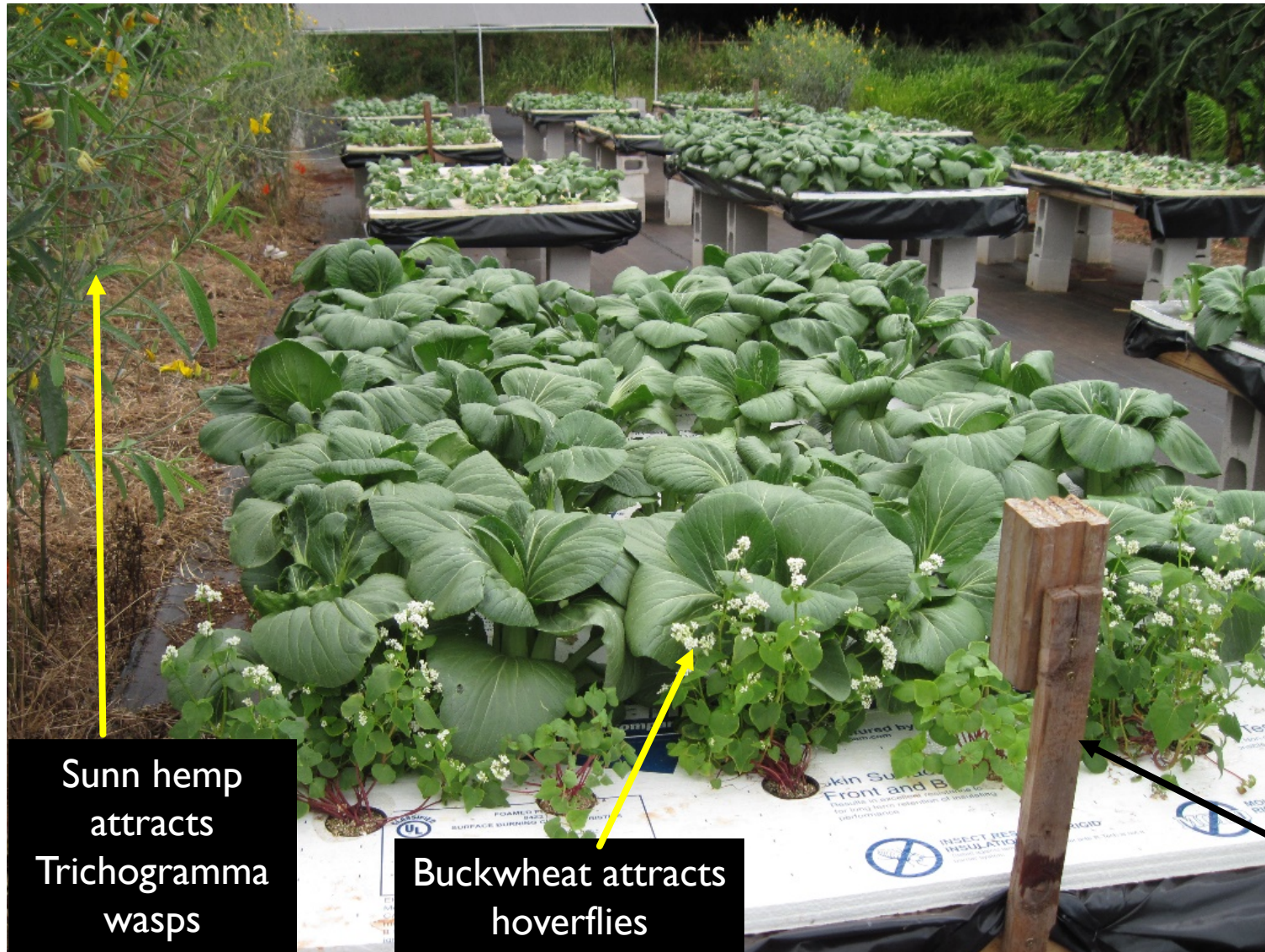


Zucchini in bare ground showing silver leaf symptom





# Insectary Planting System for Hydroponic Production





# WASP NESTING BLOCK

## Pollinators



Leaf cutter bee



Hylaeus bee



Untreated wood

## Predators



Key-hole Wasp

<http://bugguide.net/node/view/241212>



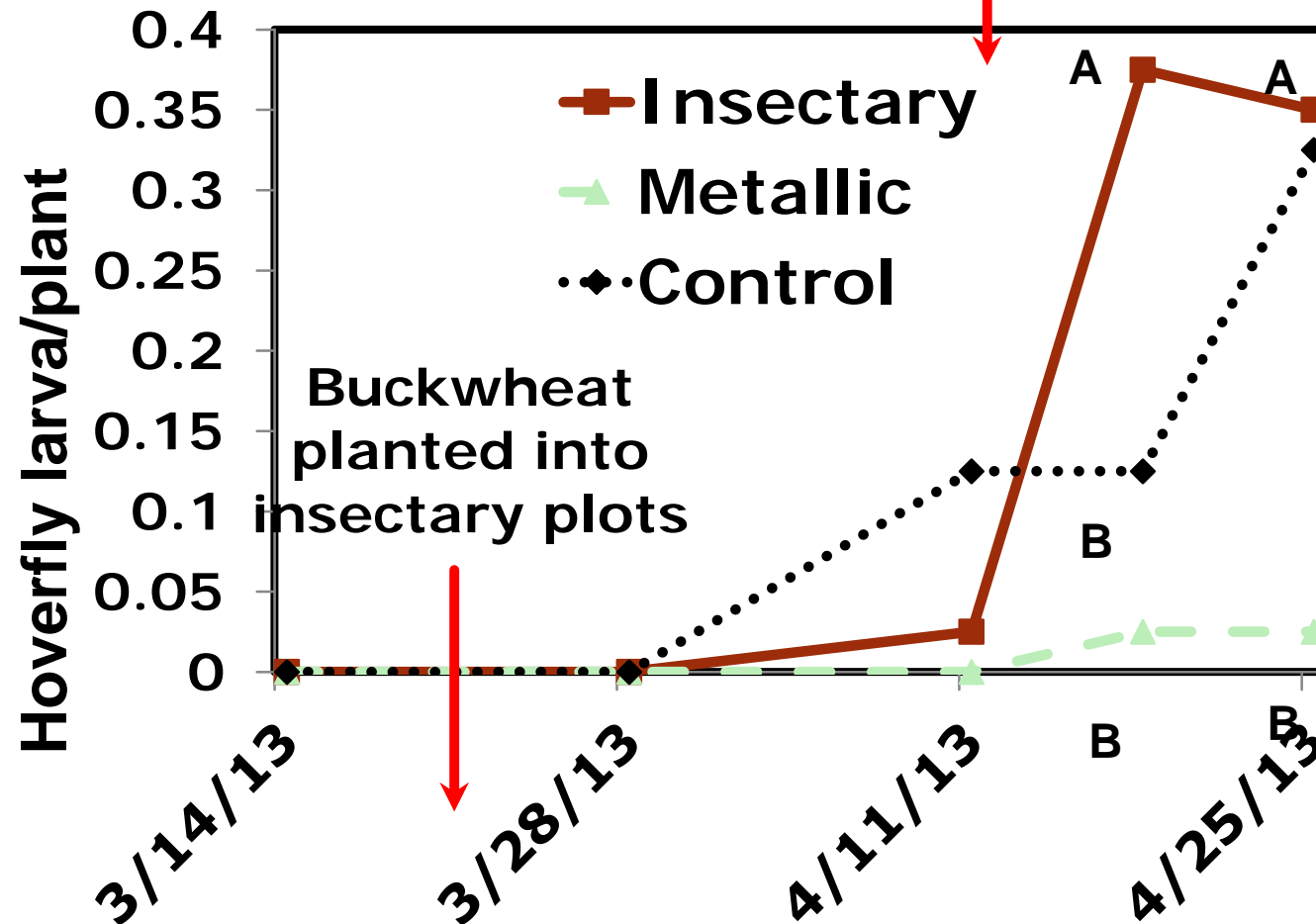
Aphid-collecting Wasp

# HOVERFLIES

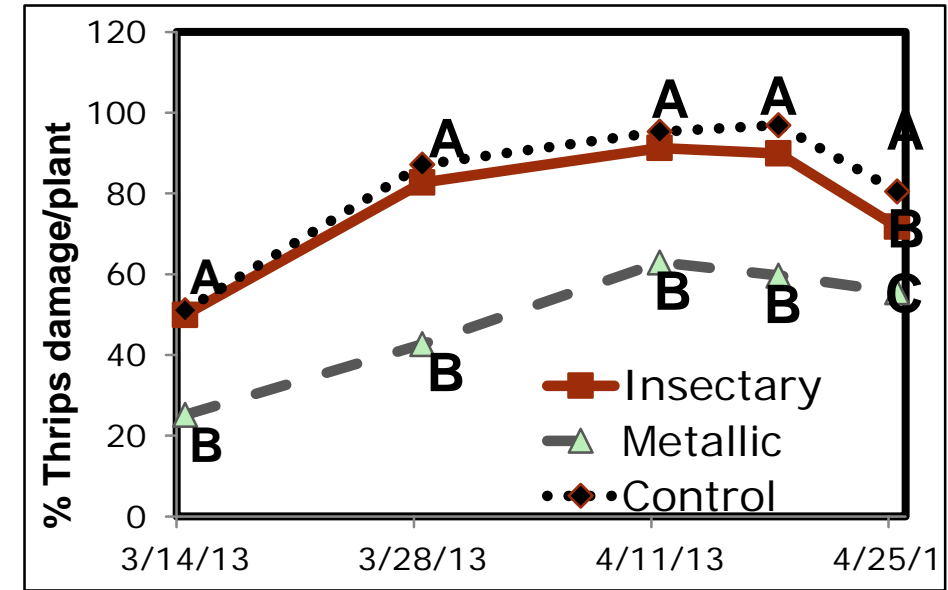
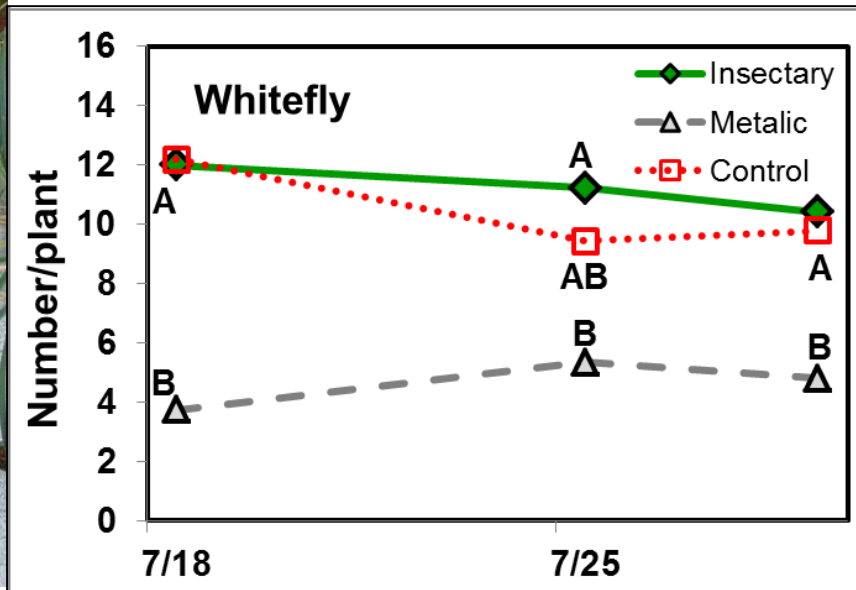
Buckwheat  
just started  
flowering



Hoverfly larva  
eating aphid



# *Reflective board reduce whiteflies and thrips damage*





# *Main insect pests on brassica*



Diamondback moth (DBM) larva



Imported cabbage worm larva

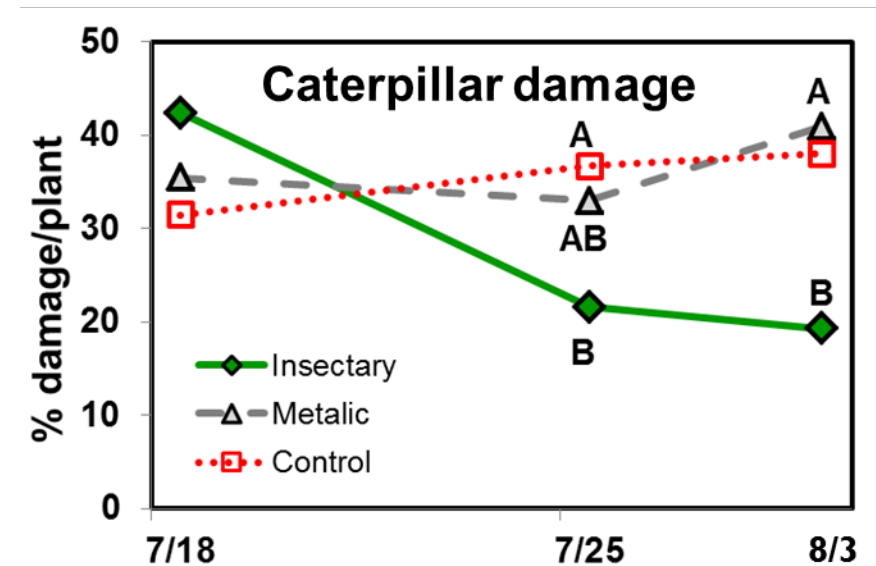
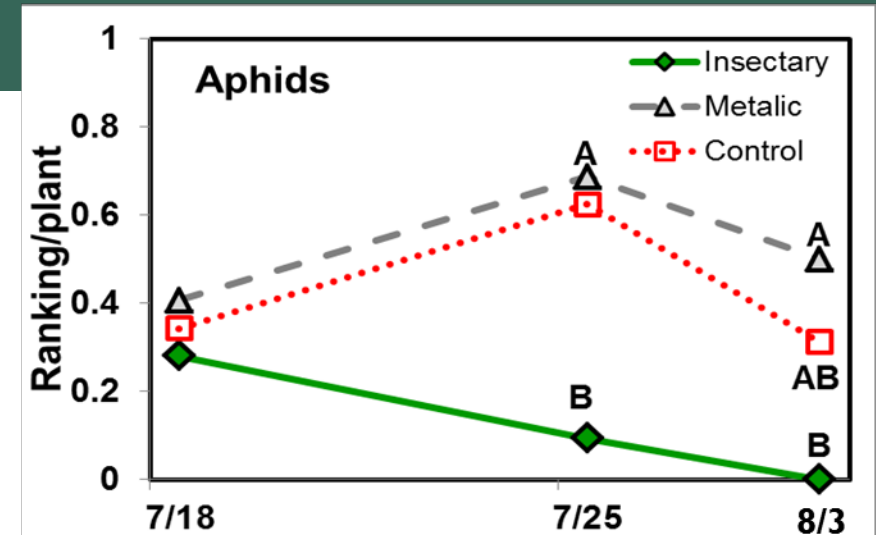


Imported cabbage web worm larva



Aphids

Insectary setting suppressed aphids and caterpillar damage





# BENEFICIAL INSECTS

*Trichogramma* wasp



Parasitized aphids



Evidence of the DBM parasitoid wasp

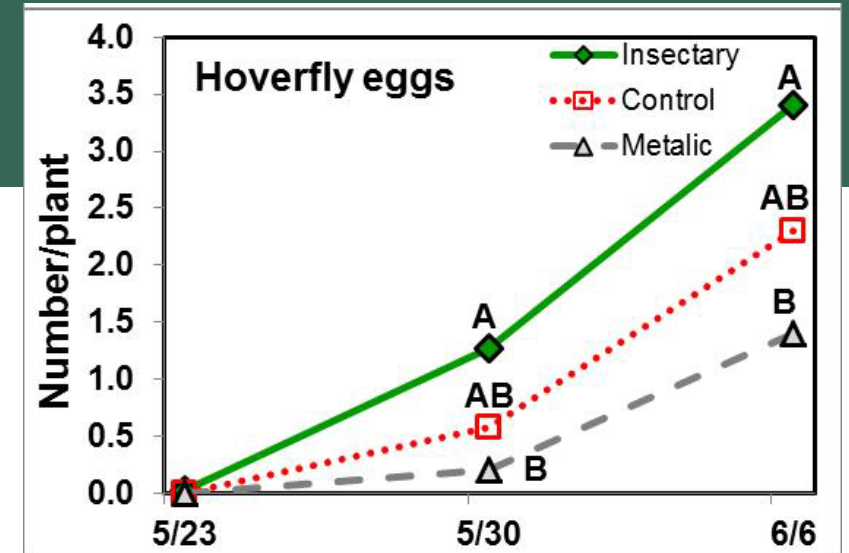


Hoverfly larvae eating an aphid

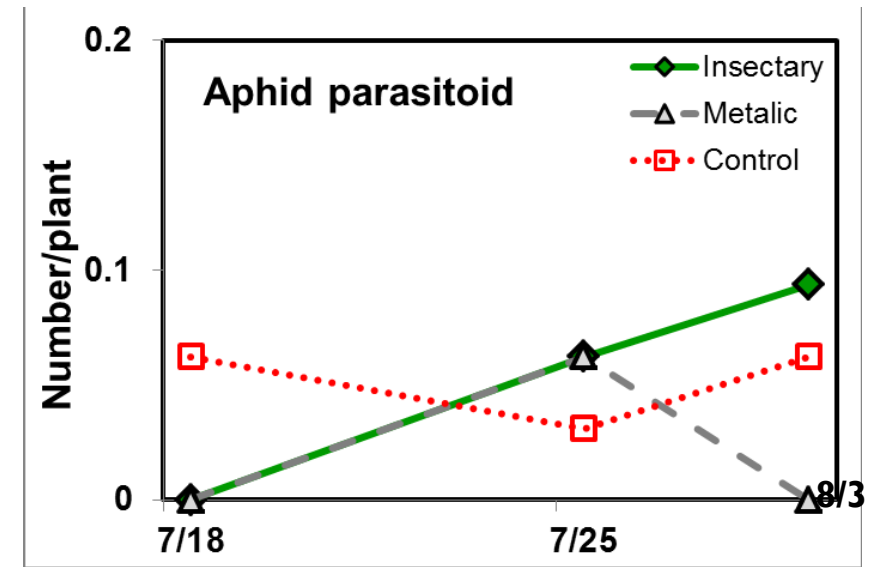


Hoverfly eggs among aphids

Trial I



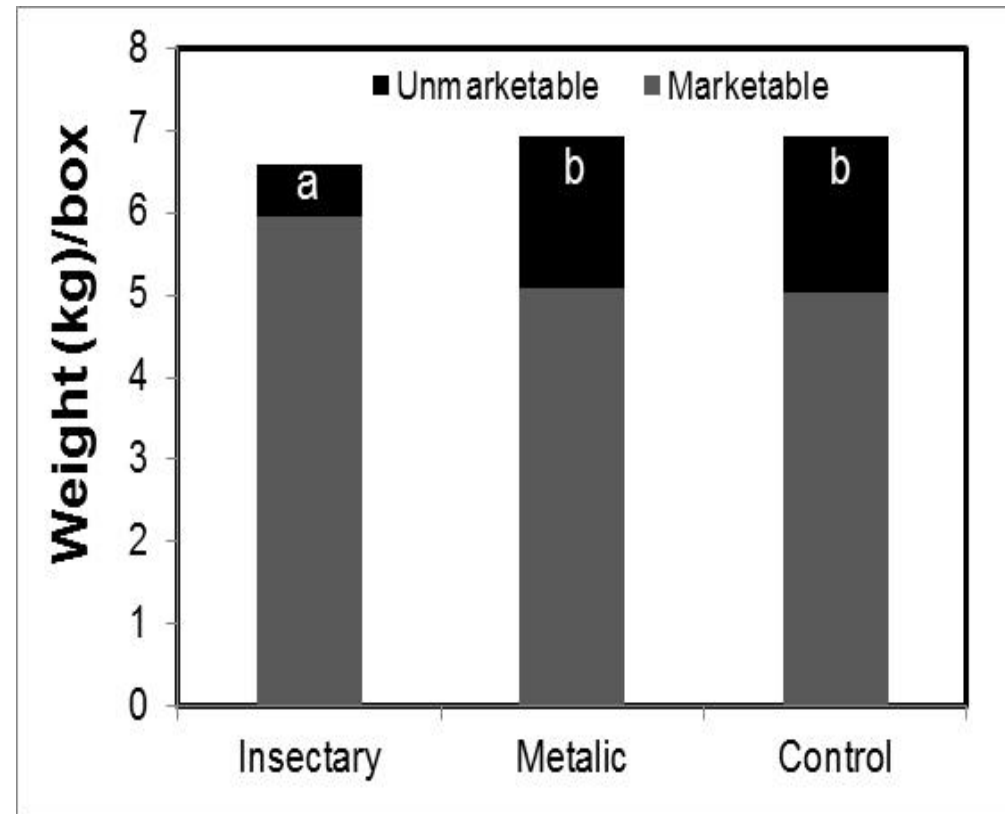
Trial II



# SUMMARY

## Insectary box:

- yielded similar to other treatments despite losing one row of crop for buckwheat plants.
- had less unmarketable pak choi than the other treatments.





# ***BENEFITS OF COVER CROPPING***

1. Reduce fertilizer costs
2. Add organic matter
3. Improve yields by enhancing soil health
4. Reduce the need for herbicides and other pesticides (insecticide, nematicide)
- ✓ 5. Prevent soil erosion
- ✓ 6. Conserve soil moisture
- ✓ 7. Protect water quality
- ✓ 8. Help safeguard personal health
9. Some cover crops offer harvest possibilities as forage, grazing or seed in multiple crop enterprises.



## *5. PREVENT SOIL EROSION*

- Topsoil is the most fertile portion of a field that contain the highest % of organic matter and nutrients. Thus, it is wise to protect soil from erosion.



White clover as ground cover between zucchini rows.



Planting field border with vetiver grass with deep root system is perfect for soil erosion prevention.



## *5. PREVENT SOIL EROSION*

- Select quick-growing cover crops could protect soil against wind and rain erosion.
- Grain cover is better than legumes for erosion control because legumes decompose quickly.
- Shoots of cover crops protect soil from the impact of rain-drops.
- Long-term use of cover crops, increase soil organic matter, improve soil structure, thus increases water infiltration and reduces runoff.

## 6. CONSERVE SOIL MOISTURE

- Organic surface mulch provided by cover crops (especially grassy cover in conservation till system) increase water infiltration and reduces evaporation.



7 years no-till (NT), black oat cover crop plus *Crotalaria spectabilis* as additional organic mulch



Conventional tillage, bare ground (BG)



Solarization (SOL)

Simulation  
rainfall

## 6. CONSERVE SOIL MOISTURE

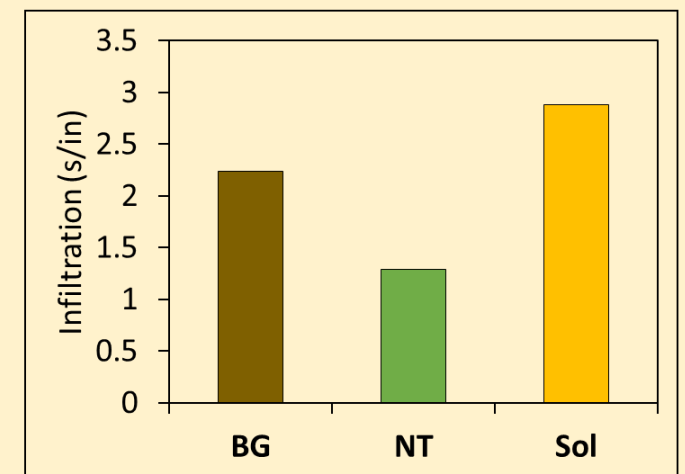
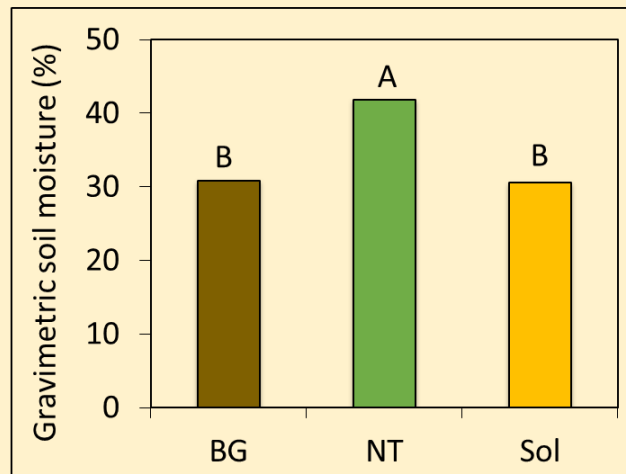
NT = No-till, BG = Bare Ground, Sol = Solarization



More water  
infiltrates  
through the  
NT column

No water  
infiltrates in BG

Enhancing Plant available water



No-till conserved soil moisture, improved water infiltration and percolation and soil aggregation

- Soil water holding capacity was higher in NT.
- Water infiltrated through NT soil faster than that in BG and Sol.



# OUTLINE



- Benefits of cover cropping
- Cover crop calculator
  - Factors affecting plant available N% (PAN%)
- Sustainable approaches for pest management
  - Insect pests
  - Nematodes
  - Weeds





# ***ALTERNATIVE NON-CHEMICAL BASED PEST MANAGEMENT***

Banker plant, High Tunnel Screenhouse, Hot water treatment, etc



# MACARANGA TANARIUS

*as Natural Banker Plant for  
minute pirate bug*



*Orius* spp.  
Minute pirate bug



Female flowers



Male flowers

Dr. Robert Hollingsworth, USDA ARS, Hilo introduced Macaranga male flowers (minute pirate bug) into orchid nurseries to control thrips.



# Insect Exclusion Screenhouse: Pumpkin / Cucumber



17 mesh-insect exclusion screenhouse



Hand pollinate pumpkin



Pickle worms on cucumber



Fruitflies/melon flies damage



Parthenocarpic cucumber



Minimal damage from pickle worm or fruit flies



But plants die prematurely from root-knot nematode infection that cause the plant to wilt.



# Luring and Trapping



Rose Beetle Light Trap

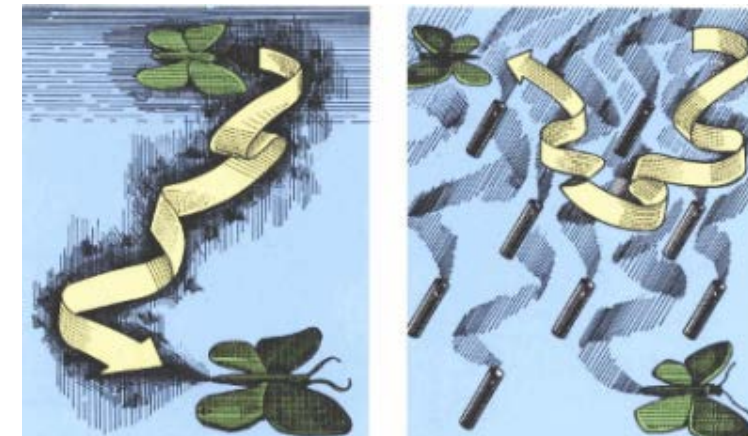
<https://vimeo.com/166306170>



Fruit flies  
methyl  
eugenol/cue-  
lure traps



Pin worm  
Nomate





# WEED MANAGEMENT



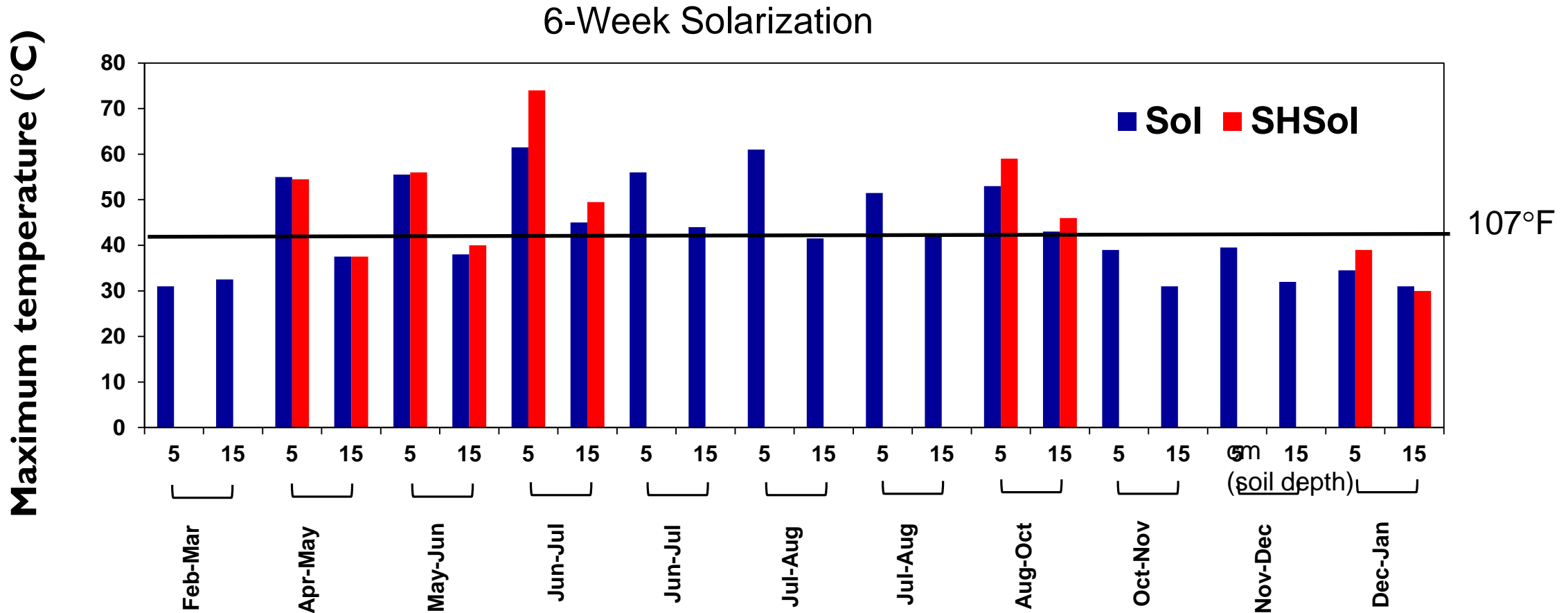
# *Solarization for weed management*



- Soil solarization involves covering the soil with transparent mulch (25- $\mu$ m-thick, uv-stabilized, low-density polyethylene mulch) for 6 weeks so that it reaches temperatures detrimental to soilborne pests and pathogens.



# SOLARIZATION TEMPERATURE SCHEME IN HAWAII



(Wang 2011)

# *Solarization for Weed Management*

Solarization reduces weed seed bank effectively.



**Non-solarized**



**Solarized**

If solarization mulch is not available, flush the planting beds with water over 2-3 weeks, then kill the weeds with weed flamer when weeds are young also significantly reduce weed seed bank.



## *Turn-the-page Technique for No-till Nematodes and Weed Management*





## *Turn-the-page Technique for No-till Nematodes and Weed Management*



Trap crops were terminated, lightly tilled into soil, tarp with solarization mulch or just weed mat. Let glucosinolate convert into isothiocinate for biofumigation.



Weed mat was used again to help suppress more weeds, and break down oil radish residues.



## *Turn-the-page Technique for No-till Nematodes and Weed Management*



TTP method does not suppress weed seed bank, but works well for transplanting crops that have higher weed tolerance level. Post plant weeding is needed but manageable.



# *Chicken Tractor in Hawaii*

**Grazing cages by  
Glenn Fukumoto  
Kona**



- Suitable for wide row spacing orchard system.
- Chicken likes to dig out nutsedge tubers.



## ALTERNATIVELY..... (HEAVY MULCHING)





# Three Sisters Cropping System

**Any question?**



# Summary

## *HOW TO SELECT COVER CROP THAT FIT YOUR NEEDS?*

Needs	Cover crop suitable for Hawaii climate
N source	
Add Org matter	
Drought tolerant	
Acid soil	
Salt tolerant	



# Summary

## HOW TO SELECT COVER CROP THAT FIT YOUR NEEDS?

Needs	Cover crop suitable for Hawaii climate
Weed suppressive	
Weed suppressive	
Nematode suppressive	
Deep root	
Nutrient scavenging	

- Shelby Ching, Shova Mishra, Philip Waisen, Josiah Marquez, Donna Meyer, Gareth Nagai, Archana Pant.
- Marla Fergerstrom, Susan Migita, Pam Shingaki and Farm Crews from Mealani, Poamoho, and Kula Experiment Stations and Randy Hamasaki, Maria Derval Diaz, Brian Bush

- <http://www.ctahr.hawaii.edu/WangKH/cover-crop.html>
- <http://www.ctahr.hawaii.edu/WangKH/Downloads/P-High-elevation-covercrops.pdf>
- <https://youtu.be/cBP52egYG9s>
- <https://vimeo.com/166306088>



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## ACKNOWLEDGEMENT